

The organization Committee is announcing the
64th INTERNATIONAL ROWING REGATTA "ISTRA"
Saturday, May 11th 2019 at 7 a.m. in San Simon, Izola (Slovenia)

Race	Time	Class	Category	Course/m
1.	7:00	1x MAS	Masters	1000 m
2.	7:10	2-/x MAS	Masters	1000 m
3.	7:20	4+/-/x MAS	Masters	1000 m
4.	7:30	2x JW 14	Girl '05 and younger	1000 m
5.	7:40	1x JM14	Boy '05	1000 m
6.	7:50	1x JM13	Boy '06	1000 m
7.	8:00	1x JM12	Boy '07 and younger	500 m
8.	8:10	4x JM16	Junior B man	2000 m
9.	8:20	1x JM	Junior man	2000 m
10.	8:30	1x JW16	Junior B woman	2000 m
11.	8:40	2x JW	Junior woman	2000 m
12.	8:50	1x M	Senior man	2000 m
13.	9:00	1x BM	Senior B man	2000 m
14.	9:10	2x JM16	Junior B man	2000 m
15.	9:20	1x W	Senior woman	2000 m
16.	9:30	2- JM	Junior man	2000 m
17.	9:40	1x JW12	Girl '07 and younger	500m
18.	9:50	1x JW13	Girl '06 and younger	1000 m
19.	10:00	1x JW14	Girl '05	1000 m
20.	10:10	4x JM	Junior man	2000 m
21.	10:20	1x JW	Junior woman	2000 m
22.	10:30	2x JW16	Junior B woman	2000 m
23.	10:40	2- M	Senior man	2000 m
24.	10:50	2x M	Senior man	2000 m
25.	11:00	1x JM16	Junior B man	2000 m
26.	11:20	2x W	Senior woman	2000 m
27.	11:30	2x JM14	Boy '05 and younger	1000 m
28.	11:40	2x JM	Junior man	2000 m
29.	11:50	4x M	Senior man	2000 m
30.	12:00	8+ OPN	Open	1000 m

Rating system:

Cups will be awarded to clubs with best score in each category and best total score according to table:

Placement	1.	2.	3.	4.	5.	6.
Score	100	75	50	25	15	10

Exceptions:

- Only the best placed crew of a single club in each heat receive points.
- If for one race entries come from one club only, race will not be rated.
- Combined crews (from different clubs) will be rated according to the percentage of competing members of each club.

The race will be held according to the Rules of racing by Rowing federation of Slovenia and FISA. The organization Committee is imposing some additional restrictions:

- By entry, clubs confirm that their competitors are able to swim and are medically examined.
- All entries must contain the year of birth.
- Boys and girls born in '06 and younger are allowed to compete with blades of Macon type.
- Restraints hold for next categories of competitors:
 - Kids (BOY, GIRL) '07 and younger may compete only once
 - Boy and girl '05-06, Junior B (JMB and JWB) and Junior may compete only twice.
- There are eight (8) starting positions without pontoons (flying start). In the case of more than 8 entries for a race, crews will be divided by draw into several groups. Each group will receive medals separately.
- Cups based on the final summary of points will be given together with medals after the race in front of the RC ARGO.
- The race of OPEN eights is open for mixed teams, regardless of category.
- Every competitor is participating at his own risk. The organization Committee is not taking any responsibility for any losses, damage or injury. Every competitor is responsible for his own health and has to be physically and conditionally prepared for the race.

The place for boats is on the beach of San Simon; **entry for cars and trailers is NOT allowed**. You may leave them on parking in front of entrance.

CLOSING DATE FOR ENTRIES: MONDAY, MAY 6TH 2019 UNTIL 12 P.M.

Entries send to (preferably by e-mail):

e-mail: borut.golob@gmail.com or/and vkargo@gmail.com

Send any changes in your entries before 8.05.2019 to e-mail: borut.golob@gmail.com

Information:

- Peter Donaval, pres. RC Argo Izola gsm: 00386 031 683 608
- Iztok Butinar, coach RC Argo Izola gsm: 00386 040 703 763

There will be NO team manager meeting before the race.

Any changes in the entries need to be sent until Thursday, 9th of May until 20:00 by email (borut.golob@gmail.com, vkargo@gmail.com). We will not be accepting any new entries on the day of the race. Any changes on the day of the race need to be delivered to the control committee, on the form we sent. The start list will be posted on Friday 10th of May on the Facebook profile: <https://www.facebook.com/VKArgolzola?fref=ts> and sent to each club by email.

If the weather forecast for the 11th of May 2019 will be showing high possibilities for bad conditions (strong wind), the organiser holds the right to cancel the competition.

OBRAZCI ZA SPREMEMBE NA DAN REGATE/FORMULAR FOR CREW CHANGES ON RACE SITE:

SPREMEMBE – CREW CHANGES

Tekma št.:

Ime kluba:

Race no.:

Name of the crew:

Namesto/Instead of:

Novo ime/New name

1.	
2.	
3.	
4.	

Vpiši samo imena, ki se spreminjajo!

List changes only!

Izola, 11.05.2019:

Ura/time:

Podpis/signature

ODJAVE - WITHDRAWALS

Tekma št.:

Ime kluba:

Race no.:

Name of the crew:

Ime in priimek/pri enojcih

Name/for single sculls only

Izola, 11.05.2019:

Ura/time:

Podpis/signature