



The organization Committee is announcing

the 66th INTERNATIONAL ROWING REGATTA "ISTRA"

IZOLA 2023

Sunday, May 14th 2023 at 7 a.m.

in San Simon, Izola (Slovenia)

COMPETITION PROGRAM:

Race	Time	Clas	Category	Course/m
1.	7:00	1x MMix	Single scull – Masters	1000 m
2.	7:10	2-/x MMix	Pair/Double scull – Masters	1000 m
3.	7:20	4+/-/x MMix	Coxed four/Four/Quadruple scull – Masters	1000 m
4.	7:30	1x U14W	Single scull - Girls (2010)	1000 m
5.	7:40	1X U15W	Single scull- Girls (2009)	1000 m
6.	7:50	2x U15M	Double scull – Boys (2009)	1000 m
7.	8:00	2x U14M	Double scull – Boys (2010)	1000 m
8.	8:10	2x U13W	Double scull – Girls (2011 and younger)	500 m
9.	8:20	1x U13M	Single scull – Boys (2011 and younger)	500 m
10.	8:30	1x U17M	Single scull – Junior Man B	1500 m
11.	8:40	2x U19M	Double scull – Junior Man A	2000 m
12.	8:50	1x W	Single scull - Woman	2000 m
13.	9:00	4x M	Quadruple scull – Junior Man B	2000 m
14.	9:10	1x U17W	Single scull – Junior Woman B	1500 m
15.	9:20	2x U19W	Double scull – Junior Woman A	2000 m
16.	9:30	1x M	Single scull – Man	2000 m
17.	9:40	1x U23M	Single scull – Man B	2000 m
18.	9:50	2x U17M	Double scull – Junior Man B	1500 m
19.	10:00	2- U19M	Pair – Junior Man A	2000 m
20.	10:10	2X U13M	Double scull – Boys (2011 and younger)	500 m
21.	10:20	1x U13W	Single scull – Girls (2011 and younger)	500 m
22.	10:30	2x U15W	Double scull – Girls (2009)	1000 m
23.	10:40	2x U14W	Double scull – Boys (2010)	1000 m
24.	10:50	1x U14M	Single scull - Boys (2010)	1000 m
25.	11:00	1x U15M	Single scull- Boys (2009)	1000 m
26.	11:10	4x U15M	Quadruple scull – Boys (2009, 2010)	1000 m
27.	11:20	1x U19M	Single scull – Junior Man A	2000 m
28.	11:30	2x U17W	Double scull – Junior Woman B	1500 m
29.	11:40	1x U19W	Single scull – Junior Woman A	2000 m
30.	11:50	4x U17M	Quadruple scull – Junior Man B	1500 m
31.	12:00	2x M	Double scull – Man	2000 m
32.	12:10	2x W	Double scull – Woman	2000 m
33.	12:20	8+ OPN	Open	1000 m

Competition starting time will be adjusted according to the registered entries and groups.



COMPETITION RULES:

1. The competition will run in accordance with the rules of the Rowing Federation of Slovenia (VZS).
2. Umpiring will be carried out by the Umpiring commission of the Rowing Federation of Slovenia.
3. Medical assistance on regatta site will be organized by the Rowing Club ARGO IZOLA from the start of the first race till the end of the last race in program.
4. **CLOSING DATE FOR ENTRIES is Sunday, May 7, 2023 until 12 P.M by e-mail: borut.golob@gmail.com AND info@vkargo.si.**

THERE IS NO MEETING OF THE CLUB'S DELEGATES SCHEDULED!!

Any changes in the entries need to be sent by **Thursday May 11, 2023 until 8 p.m. by e-mail: borut.golob@gmail.com**

We will not be accepting any new entries on the day of the race.

Any changes on the day of the race need to be delivered to the control committee, on the form attached, by 6.30 a.m.

5. Prizes:

- a) Medals will be granted for the first three positions in each group.
- b) Cups will be granted to the winning team in each category:
 - Best club over all
 - Best international club

6. Rating system:

- Cups will be awarded to clubs with best score in each category and best total score according to table:

Ranking	1.	2.	3.	4.	5.	6.
1x, 2x/-	10	8	6	4	2	1
4x/+/-, 8+	15	12	9	6	3	1

EXCEPTIONS:

- In case of more than one crew of the same club in the same group, only the best placed crew will receive points.
- **Composite crews will not receive points.**
- Races with only two crew participants will be canceled.
- If there are more than 6 entries in the same category, the organizer will draw crews into two or more groups, which will be equally awarded.
- The race of OPEN eights is open for mixed teams, regardless of category.



7. The organization Committee is imposing some additional restrictions:
 - By entry, clubs confirm that their competitors can swim and are medically examined.
 - **All entries must contain the year of birth** of competitors.
8. Category restrictions:
 - Boys and girls U13 (born in 2011 and younger), U14 (born in 2010) and U15 (born in 2009) may **compete twice**.
 - U17, U19 may **compete twice**. (Race 33: 8+ OPN doesn't count in restrictions).
 - Boys and girls U13 and U14 (born in 2010 and younger) may row only with **Macon** oars.
9. Announcement of winners, medals and cups will be delivered upon the conclusion of the competition on the premises of Rowing club ARGO IZOLA.
10. Announcement, entries status, competition list and results will be posted on internet page: **regate.veslanje.si**. and on Facebook: VK ARGO IZOLA.
11. The place for boats is on the beach of San Simon; **entry for cars and trailers is NOT allowed**. You may leave them on parking in front of entrance.
12. San Simon Hotels will provide catering services at the venue, with food and beverages. Competitors will be given a voucher to redeem for a **discount** on food purchases.

CONTACT INFORMATION:

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Every competitor is participating at his own risk. The organization Committee is not taking any responsibility for any losses, damage or injury. Every competitor is responsible for his own health and must be physically and conditionally prepared for the race.

ENTRIES CLOSING DATE: SUNDAY, MAY 7, 2023 until 12. p.m.!

In case of adverse weather forecast, the organizer keeps the right to preemptively cancel the event on Saturday, May 14. 2023 and will be communicated to clubs.

Registered clubs will be informed of any cancellations on Saturday 13 May 2023.

WELCOME TO IZOLA!

Rowing club ARGO IZOLA

President

Izola, April 4, 2023

Marko Markuža



**FORM FOR CREW CHANGES ON RACE SITE:
CREW CHANGES**

Race no.:

Name of the crew:

Instead of:

New name:

- 1.
- 2.
- 3.
- 4.

List changes only!

Izola, date:

Time:

Signature:



WITHDRAWALS

Race no.:

Name of the crew:

Name/for single sculls only

Izola, date:

Time:

Signature:

TRAFFIC RULES

San Simon - Izola

