

ROWING SLOVENIA
IN COLLABORATION WITH **ROWING CLUB ARGO IZOLA**

is announcing

**4TH NATIONAL CHAMPIONSHIP AND 10TH
INTERNATIONAL ROWING REGATTA IN COASTAL
ROWING,**

**which will take place on Saturday, 19th of October 2024 at 8:00
in San Simon, Izola (Slovenia).**

COMPETITION PROGRAM

	Categories
1.	C1x men - juniors
2.	C1x women - juniors
3.	C1x men - seniors
4.	C1x women - seniors
5.	C2x men - juniors
6.	C2x women - juniors
7.	C2x men - seniors
8.	C2x women - seniors
9.	C2x MIX – juniors
10.	C2x MIX – seniors

* Rowers reaching the age of 16 in the current year can join the category of up to 19 years.

COMPETITION SCHEDULE

7:00 Meeting of club representatives and competition rules presentation.

8:00 Expected start of the competition.

A more detailed schedule will be announced after closing date for applications.

APPLICATIONS

Please send to borut.golob@gmail.com

DEADLINE: SUNDAY, 13TH OF OCTOBER 2024, MIDNIGHT.

1. ABOUT THE COMPETITION

The 500-metre-long course features most of the characteristics of coastal rowing and will be contested as the “beach sprint” discipline. The competition will take place on two parallel courses. The start will be on land. On the judge's signal, one competitor from each crew will run to the boat. The other competitors will stand by the boat. They enter the boat on the judge's second signal. In addition to the competitors, each crew may have 2 helpers (“boat handlers”) to assist with getting into the boat, keeping the boat in the water and steering the course. Each club provides their own assistants. The assistants cannot touch the competitors and shall wear clothing different from that of the competitors. The finishing line will be on the water.

2. ADVANCING SYSTEM

Preliminary competition will be held in a Processional Time Trial (PTT). The competitors start in the given time intervals in a drawn order and slalom around the buoys on the right-hand track, then around the two final buoys and straight back to the finish on the left-hand track – see the sketch **Traffic rules for “Time trial”** at the end of the document. If a competitor who started behind catches up, he/she must be given way. Upon reaching the finish the competitors need to leave the boat to make it available for the next competitor as soon as possible.

The four crews with the best preliminary times qualify for the semi-finals. In the first semi-final, the crew with the best time will compete against the crew with the fourth best time, and in the second semi-final, the crew with the second best time will compete against the crew with the third best time. The winners of each semi-final qualify for the A final and the rest for the B final for third place. Crews not qualifying for the semi-finals will be ranked according to their time in the preliminaries.

In the event of a large number of entries, the semi-finals will be waived. In such case the third and fourth placed crews from the preliminaries will compete in a race for third place, and the fastest two for the win.

For the preliminary competition, the starting numbers are drawn, but for semi-finals and finals, the faster of the pair can choose their course up to 10 minutes before the start, or they race on course 1 (right).

The semi-final and final races will start according to the programme published with the start list for the preliminary races.

Competitors in the International Regatta and the National Championships shall compete together. Foreign crews and combinations of domestic crews do not count in the national championship standings.

3. RULES AND TIME PENALTIES

VIOLATION	PENALTY
Wrong direction between 1 st and 2 nd buoy.	30 seconds for each buoy
A turn in the wrong direction around the 3 rd buoy.	120 seconds
Running on the wrong side of the flag.	10 seconds
Obstructing an opponent (must stop, change course).	10 seconds
Injury to opponent (collisions).	red card, elimination
2 false / early starts = 2x yellow cards.	red card, elimination
Risk to general safety and damage to equipment.	red card, elimination

4. COMPETITION RULES

- The competition will be conducted in accordance with the Rules of the Rowing Association for National Championships
- The competition will be conducted in accordance with the competition rules of the International Rowing Federation – FISA.
- The refereeing service is organised by the Slovenian Rowing Referees Association.
- The medical service is organised by Rowing Club Argo Izola.

One hour before the start of the first race, there will be a meeting of the crew representatives and the race committee, where the rules and the dangers for competitors will be presented again. **ATTENDANCE IS COMPULSORY.**

Any changes will be accepted by email no later than **Thursday, 17th of October 2024 at 20:00. No new entries will be accepted on the day of the competition.** Changes on the day of the race must be submitted to the Control Committee on the attached form by 07:00.

- Crews must wear their competition jerseys.
- International crews and combinations of domestic crews will compete only in the international regatta and will NOT be scored.

5. AWARDS

A) Medals will be awarded for 1st, 2nd, and 3rd place in the national championship and international regatta.

B) Medals will be awarded separately at the national level for Slovenian competitors and at the international level for all competitors.

C) The highest placed crew of a Slovenian club will be declared National Champion.

6. SCORING

PLACEMENT	1.	2.	3.	4.	5.	6.
Points	100	75	50	25	15	10

7. EXCEPTIONS

- The regatta will take place under the condition that at least two crews have entered.
- In the event that 4 (or 3) crews are entered in each discipline, the semi-finals will be waived, and the competitors will advance in the following order: the fastest two times will qualify for the finals and the rest for the third place race.

8. THE ORGANISER RESERVES THE RIGHT TO MAKE CERTAIN STIPULATIONS REGARDING THE SPECIFIC CONDITIONS OF THE COMPETITION:

- Clubs confirm with entry that their competitors have been medically examined and can swim.
- All entries must include the year of birth of all competitors.

9. LIMITATIONS

All competitors may compete a maximum of twice.

10. AWARD CEREMONY

At the end of the competition programme the winners will be announced and medals awarded in San Simon Bay.

11. INFORMATION

The Notice of Race, entry status, start list and results will be published on the website <http://regate.veslanje.si>

12. BOAT AND PADDLE HIRE

The entry fee is only valid for foreign clubs and is 15€ per person per event. The details for payment of the entry fee are in the foot of the notice. The entry fee includes boat hire.

EACH CLUB PROVIDES THEIR OWN PADDLES. Paddles can be rented from the organiser with a deposit of 150€ per pair of paddles.

WATER APPROPRIATE FOOTWEAR IS HIGHLY RECOMMENDED FOR THE COMPETITORS. According to the weather conditions and water temperature (18°C), we recommend weather-appropriate clothing (waterproof gear for boat holders).

13. BOAT SETUP

1x rigger span – 162 cm.

2x and 4x+ rigger spacing – 160 cm.

14. TRAINING

Training is not foreseen.

15. CONTACT INFORMATION:

Marko Markuža, Club President	tel.: +386 41 785 521
Tomaž Tomažinčič, Race Committee Chairman	tel.: +386 40 422 983
Sebastjan Markežič, Head Coach	tel.: +386 40 212 771

All participants take part in the regatta at their own risk. The organiser accepts no liability for any loss, damage, accident or injury.

Registered clubs will be informed of any cancellations on Friday, 17th of October 2024.

WELCOME TO IZOLA!

Izola, 16th of September 2024

Rowing Association President
Jošt Dolničar

Club President
Marko Markuža

**OBRAZCI ZA SPREMEMBE NA DAN REGATE / FORMULAR FOR
CREW CHANGES ON RACE DAY:**

SPREMEMBE – CREW CHANGES

Tekma št.:

Ime kluba:

Race no.:

Name of the crew:

Namesto / Instead of:

Novo ime / New name:

- 1.
- 2.
- 3.
- 4.

Vpiši samo imena, ki se spreminjajo!

List changes only!

Izola, datum / date:

Ura / time:

Podpis / signature:

ODJAVE - WITHDRAWALS

Tekma št.:

Ime kluba:

Race no.:

Name of the crew:

Ime in priimek / pri enojcih:

Name / for single sculls only

Izola, datum / date:

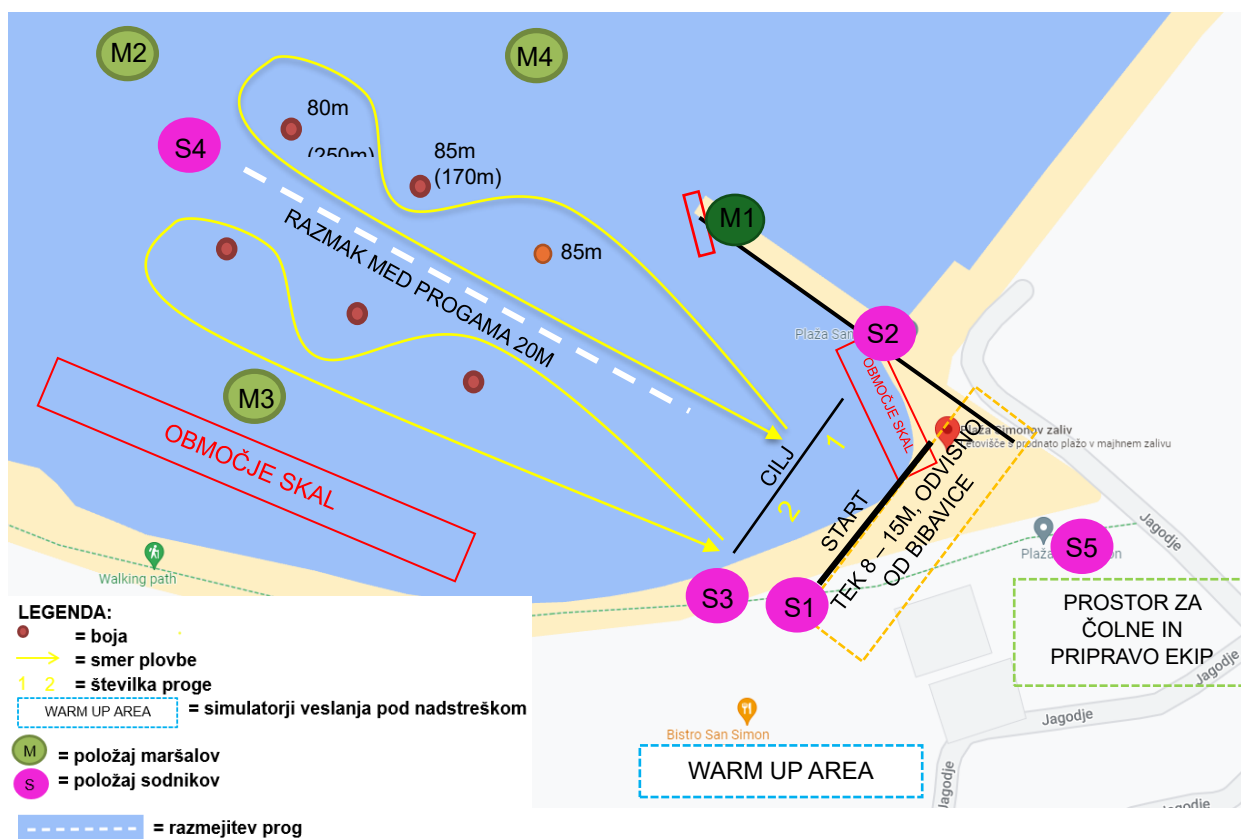
Ura / time:

Podpis / signature:

PRAVILA PROMETA ZA POLFILANLNE IN FINALNE BOJE

TRAFFIC RULES FOR SEMIFINALS AND FINALS

Simonov zaliv – Izola



PRAVILA PROMETA ZA KVALIFIKACIJE

TRAFFIC RULES FOR »TIME TRIAL«

Simonov zaliv – Izola

